

# Eagles Cheerleading Accountability System

Points begin and are assigned at the start time of practice, arrival time of game or event as specified on the schedule.

## POINTS ARE RECEIVED FOR ANY REASON

School Related (Dance, Drama, Choir, Band, Student Council ect.), or Not School Related (Sick, all appointments, other practices, ect.)

This is to insure all our athletes are treated fair, equal and are held accountable to their commitment to their teams.

One Point will be removed if athlete completes 2 signs for that are colorful, neat and approved by coach ONLY for missing due to school related conflict, illness (must notify coach 1 hour prior to practice), or pre-approved (one week notice) appointment or other practice.

One Point will be removed if a doctors note is provided, no signs required.

Points will not be removed for work, in-car, or non pre-approved conflict (less than one week notice)

Signs will ONLY BE ACCEPTED if turned in to coach at the next practice, game or event after the missed practice, game or event.

### Sit a Game

You forget any piece of your uniform for a game or event

- Warmups, shoes, socks, spandex, bodyliner, shell, skirt, bow, headband, gloves (when appropriate)

If the athlete can get the missing uniform piece they may return to the game and 1 point will be assigned. No points will be received if the missing uniform piece is obtained prior to the start of the game or event.

### Receive 1/2 Point

- Arriving Late To Practice (You arrived after the start time)
- Leaving Early From Practice (You were in attendance for at least 1 hour)
- If an item is not turned in on the due day, ½ per day it is late
- Forgetting Cheer Shoes or Clothes to practice
- Coming to practice and sitting out for being sick or injury without a doctor's note
- Not wearing team attire to school or event when assigned (only exception is if there is a class presentation or class required attire)
- Repeatedly being told to take off jewelry
- Repeated use of cell phone/ipod after one verbal warning
- Repeatedly being told not leave position from chant line, and/or stand appropriately after a verbal warning
- Excessive conversation with crowd or other cheerleaders during game or practice after verbal warning
- Showing excessive public displays of affection in uniform
- Use of inappropriate language

### Receive 1 Point

- Arriving late to a game/event (you arrived after the start time)
- Leaving Early from game/event (You were in attendance for at less 1 hour)
- Missing A Complete Practice or in attendance for less than 1 hour
- Late Returning at halftime, after 3 Minutes left
- Not showing positive, spirited, attitude at games and event after verbal warning

### Receive 2 Point

- Missing a Game or Event
- Disrespectful to a teammate or opponent cheerleaders

### Receive 4 Points

- Disrespectful to coach, teacher, or administrator
- Inappropriate behavior and/or actions including internet activities/texting that are detrimental to the squad/coach/ or other cheerleaders and the reputation of the cheerleading squad or Plain Local Schools/
- Any Sort Of School Discipline (Suspension, Detention, Ect.)
- Any Violation Eligibility Requirements
- Any violation of the Plain Local Athletic Code of Conduct

# Eagles Cheerleading Accountability System

## Varsity Tumbling Policy

Standing tumbling is a requirement to be on the varsity squad and remain on the varsity squad. Standing tumbling must be performed by a varsity squad member at all games and skill checks. Meaning, when standing tumbling is being performed as a group all varsity members must perform the skill; timeouts, halftimes, quarter cheers, hello cheers. The Candidate & Parent/Guardian understand that if the skill is not performed during all aspects of the game that call for standing tumbling the squad member will be moved to JV for the following game. Injury or illness with a doctor's note is the only exception. The squad member must cheer at the next JV game and then perform the skill at warm ups of the next Varsity game to be reinstated. JV and Freshman squad members are not moved up to varsity based on tumbling and are not held to a tumbling policy.

## Playoff Policy

Per OHSAA regulation only 8 cheerleaders are permitted on the sideline during playoff games for football and basketball. The 8 members of the squad with the least amount of points regardless if points have been removed due to signs will get to cheer the play off game. If there is a tie among 8, then the 8 cheerleaders with 8 or less points will get to cheer and remaining spots will be filled by a lottery, if that does not break the tie then the cheerleaders with 4 or less points will get to cheer and remaining spots will be filled by lottery. If all team members have no points then Senior team members get a spot and the remaining spots will be filled by lottery.

## Action Plan

One Point will be removed if athlete completes 2 signs for that are colorful, neat and approved by coach ONLY for missing due to school related conflict, illness (must notify coach 1 hour prior to practice), or pre-approved (one week notice) appointment or other practice.

One Point will be removed if a doctor's note is provided, no signs required.

Points will not be removed for work, in-car, or non pre-approved conflict (less than one week notice)

Signs will ONLY BE ACCEPTED if turned in to coach at the next practice, game or event after the missed practice, game or event.

We will run on the same point cycle for football season and basketball season, points will not reset.

**EVERY 4 POINTS WILL RESULT IN A 1 GAME SIT OUT, THE FOLLOWING GAME AFTER 4<sup>th</sup> POINT RECEIVED.**

**ATTENDANCE IS REQUIRED TO THAT GAME, REGARDLESS OF REASON POINTS WERE ASSIGNED.**

**Receiving Of Any Point Value:** A verbal warning will be given by your squad coach

**Accumulation Of 4 Points(1 cycle):** Cheerleader will be required to sit out 1 game

**Accumulation Of 8 Points(2 cycles):** Cheerleader will be required to sit out 1 game

**Accumulation Of 12 Points(3 cycles):** Cheerleader will be required to sit out 1 game, Coaches will hold a meeting with cheerleader and Parent

**Accumulation Of 16 Points(3 cycles):** Coaches will hold a meeting with cheerleader, parent, and GlenOak Administration. **No points can be made up after hitting 16 points regardless if points have been eliminated because of signs.**

**Accumulation Of 30 Points:** Removal From the Squad.

If 30 points have accumulated during the football and basketball season, regardless if points have been removed by signs, the candidate will be removed from the team.

Attendance for Cheer Camp is MANDATORY, no exceptions, by trying out you are committing to your attendance.

Attendance is important for learning fundamentals and important material, failure to attend will result in sitting the first game.

## Removal From the Team

If a cheerleader is removed from the team due to personal decision or coaches' decision they are not permitted to try out for the GlenOak Cheerleading program again.

# Eagles Cheerleading Accountability System

## Eagles Cheerleading Code Contract

### Tryout Process

I the Candidate & Parent/Guardian have read and understand the tryout process and requirements. I the Candidate & Parent/Guardian understand that GlenOak Cheerleading squad members are not chosen solely based on your skill evaluation score, tumbling or total score. Skill evaluation scores as well as grades, attendance, attitude, representation, coachability, spirit, energy and showmanship are taken into consideration when placing candidates on squads. I the Candidate & Parent/Guardian understand the requirements for each squad and understand that performing tumbling does not guarantee a varsity or competition squad position. I the Candidate & Parent/Guardian understand that once tryouts are complete I can contact Coach West via email at [Glenoakspirit@aol.com](mailto:Glenoakspirit@aol.com) and request information on what I can improve on, I will not receive scores or be able to view score sheets via email, text, or call. I the Candidate & Parent/Guardian understand that to view score sheets and further evaluations I must make a meeting with Coach West & Athletic Director Scott Garcia within 48 hours of the tryout.

### Uniform

I the Candidate & Parent/Guardian understand that uniforms and pom poms provided by GlenOak High School are property of GlenOak High School Cheerleading and I am not to alter or destroy in any way without permission from Coach West. At the end of the 2019-20 Cheerleading Season I am responsible to return all GlenOak High School Cheerleading uniform property on the uniform turn in date washed & dried. Uniforms not returned or returned in an altered or destroyed state will result in a replacement fee. I understand that the uniform numbers assigned to me are the uniforms I am responsible for. I the Candidate & Parent/Guardian have read and understand the cost and uniform requirements for each cheerleading squad. I agree to have all required uniforms items. I the Candidate & Parent/Guardian understand that items I pay for are owned by me.

### Cheerleading Squad Member Expectations & Accountability System

I the Candidate & Parent/Guardian have read and understand the Eagles Cheerleading Accountability system. I understand points are received for any reason school related and non school related and I have one week from the time the point was received to make 2 signs to get that point taken away. I the Candidate & Parent/Guardian understand that once 4 points have been received I will sit the next game. I the Candidate & Parent/Guardian understand that once 30 points have accumulated during the football or basketball season regardless if points have been removed by signs the candidate will be removed from the team. I the Candidate & Parent/Guardian understand that if a candidate is removed from the team due to personal choice or coach decision the candidate is not permitted to tryout for the GlenOak cheerleading program again. I the Candidate & Parent/Guardian understand that I am expected to be in attendance and participate at all practices, games, events, and fundraisers.

### Varsity Tumbling Policy

Standing tumbling is a requirement to be on the varsity squad and remain on the varsity squad. Standing tumbling must be performed by a varsity squad member at all games and skill checks. Meaning, when standing tumbling is being perform as group all varsity members must perform the skill; timeouts, halftimes, quarter cheers, hello cheers. I the Candidate & Parent/Guardian understand that if the skill is not performed during all aspects of the game that call for standing tumbling the squad member will be moved to JV for the following game. Injury or Illness with a doctor's note is the only exception. The squad member must cheer at the next JV game and then perform the skill at warm ups of the next Varsity game to be reinstated. JV and Freshman squad members are not moved up to varsity based on tumbling and are not held to a tumbling policy.

*Please sign and date below showing candidate & parents understand & agree to above:\*

\_\_\_\_\_  
Cheerleader Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date